

Dear Parents/Carers,

On Friday, 29th June EYFS will be learning about the NSPCC's PANTS rules and a Pantosauraus song. We will aim to teach the children the following important safety skills without giving explicit information or telling scary stories. We will be teaching the children how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse.

PANTS stands for:

- Privates are private.
- Always remember your body belongs to you.
- No means no.
- Talk about secrets that upset you.
- Speak up, someone can help.

The carpet session will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering pupils without using any frightening words.

These include:

- good and bad touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

A meeting was held on Tuesday 24th April to allow parents to come and see how we teach PANTS. If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with Eastwood, more information can be found at nspcc.org.uk/pants.

If you have any questions or concerns please don't hesitate to get in touch.

Kind regards,

Miss Scott, Mrs Bellfield and Mrs Weller